

# InformedDNA® Genetic Services Program

InformedDNA® and Hereditary Neuropathy Foundation have partnered to deliver convenient telehealth genetic counseling to help inform and guide you through the complex—and sometimes emotional—genetic testing and decision making process.

## Why Should I Participate In This Program?

- ✓ Understand your genetic risks and how they impact you, your family and future family planning
- ✓ Gain confidence with personalized guidance to know which test, if any, is right for you
- ✓ Confirm a clinical CMT diagnosis to determine the best care path with your provider
- ✓ Facilitate early detection of symptoms for proactive health care
- ✓ Improve your eligibility to participate in clinical trials, gaining access to treatments not available to the public.

## What To Expect From Your Telehealth Genetic Counseling Session

It is recommended that you find a quiet space to limit interruptions during your appointment.



The telehealth appointment will take 40 - 60 minutes



The genetic counselor will collect your relevant personal and family medical history



Based on the information you provide, you will know during your appointment whether you are a candidate for genetic testing



Receive information related to the testing process, screening and any preventative recommendations



Ability to ask any questions you may have



If genetic testing is pursued, results information will be sent to both you and your physician

If you or a family member have had genetic testing, we encourage you to obtain a copy of your test result (or your family member's test result) and submit through our patient portal prior to your session. It may also be helpful to talk to other family members to better understand any health conditions in the family, as well as the age that your relatives were diagnosed.

If you have any questions or need to change your appointment, we're here to support you.

## How To Schedule Your Counseling Session:

Go to [www.informeddna.com/HNF\\_geneticcounseling](http://www.informeddna.com/HNF_geneticcounseling) to submit a request for an appointment. If you prefer scheduling with a person, or have additional questions prior to the session, please call 888-308-1095 and a support specialist will happily assist you.

## Genetic Counseling Costs

### Insurance Billing

Genetic counseling may be covered by your health insurance plan\*. InformedDNA® will obtain your insurance information to verify active coverage and in-network status. InformedDNA® bills in-network insurance and collects any copay or deductible due directly from you. The exact cost for services rendered will depend on your insurance coverage. For in-network health insurance, it is typically between \$30-50.

### Self-Pay

InformedDNA® offers a self-pay option if you have an out-of-network insurance, or no insurance. The charge for your initial genetic counseling appointment is \$249, and the follow up appointment is \$99.

### Genetic Testing Costs

If genetic testing is pursued, charges for genetic testing are separate. Your genetic counselor or the testing laboratory will communicate with you if there are any expected out-of-pocket costs for the testing.

*\*If you wish to find out your insurance's coverage, copay and/or deductible for a genetic counseling appointment with InformedDNA®, contact your health plan directly. The CPT® code for an appointment is S0265.*



Founded in 2007 as the nation's first telehealth Genetic Counseling company, InformedDNA® is leading the charge in shaping the future of precision healthcare by transforming its deep genomics expertise into accessible, applicable solutions for patients, partners and clients. Organizations accept our counselors as an extension of their teams to provide compassionate guidance infused with our years of experience to: facilitate testing, interpret test results and share clinically actionable insights to best navigate genetic testing.

With a 97% patient satisfaction score, we proudly serve HNF Health members.



The Hereditary Neuropathy Foundation (HNF) is a non-profit 501(c)3 organization with a mission to increase awareness and accurate diagnosis of Charcot-Marie-Tooth (CMT) and related inherited neuropathies, support people living with CMT and their families with critical information to improve quality of life, and fund research that will lead to treatments and impact. HNF is facilitating genetic counseling through InformedDNA® to provide access to information and ultimately empower the community.

## Have more questions?

If you need additional assistance, please call 888-308-1095 to speak with a Genetic Services Program specialist.